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## **EDUCATION & LICENSE**

	Licensed Clinical Psychologist PSY32122	2020
Psy.D.	The Wright Institute, Berkeley, CA <i>APA Accredited Program</i>	2017
M.A.	Clinical Psychology The Wright Institute, Berkeley, CA	2012
B.A.	Psychology Reed College, Portland, OR	2007

## **HONORS & AWARDS**

<b>Phi Beta Kappa</b> Reed College	2007
<b>Commendations for Academic Excellence</b> Reed College	2005–2007
<b>Reed College Opportunity Grant</b> Conference Travel Award	2006

## **CLINICAL EXPERIENCE**

**Co-founder and Licensed Clinical Psychologist** March 2021–present  
Dynamic Change Psychotherapy, Oakland, California

Duties: Shared private practice S-corp based in SF Bay Area providing individual psychotherapy to patients with diverse psychological concerns, including Anxiety, Depression, Relationship Difficulties, Work Stress, Trauma, Identity Development, and Life Transitions. Generalist practice with additional subspecialization in addressing Chronic Pain Syndrome. Utilizing integrative evidence-based interventions and psychodynamic case formulations. Treatment interventions drawn from CBT, DBT, ACT, and mindfulness practices. Developing web presence and marketing. All sessions currently remote, with office space available in SF (Hobart Building – Financial District) and Oakland (Market Hall – Rockridge).  
Director: Self and David Gatta, Psy.D.

**Licensed Clinical Psychologist** March 2020–present  
Therapy Now SF, San Francisco, California

Duties: Providing individual psychotherapy to patients with diverse psychological concerns, including Anxiety, Depression, Relationship Difficulties, Work Stress, Trauma. Utilizing integrative evidence-based interventions and psychodynamic case formulations. Treatment interventions drawn from CBT, DBT, ACT, and mindfulness practices. Teaching didactic presentations to practicum trainees, including Anxiety and Panic, CBT for Insomnia, Psychological Treatment of Chronic Pain, and Substance Use Interventions.

Director: Andrea Zorbas, Ph.D.

**Licensed Clinical Psychologist**

5/2021–2/2022

Octave, San Francisco, California

Duties: Provided outpatient individual psychotherapy and couples treatment to adults with mild to moderate acuity, including difficulties related to pandemic stress, life transitions, adjustment disorder, prolonged bereavement, substance use concerns, anxiety, depression, and personal development goals. Utilized integrative evidence-based interventions and psychodynamic case formulations. Treatment interventions drawn from CBT, DBT, ACT, and mindfulness practices. Left the clinic in order to focus on private practice.

Clinic Director: Will Reyes, LMFT (half-time)

**Licensed Clinical Psychologist**

2018–2021

Integrated Pain Management, San Leandro, California

Duties: Provided individual psychotherapy to patients experiencing Chronic Pain Syndrome subsequent to industrial accidents. Treated psychological comorbidities using integrative evidence-based interventions for problems including Depression, Anxiety, Insomnia, and Post-traumatic Stress Disorder. Treatment interventions drawn from CBT, DBT, ACT, and mindfulness practices in the context of psychodynamic case formulations. Taught Psychology of Pain psychoeducation and pain management skills to patients in intensive outpatient level of care.

Supervisor: Shannon Hagan, Psy.D. (half-time)

**Postdoctoral Resident, A.P.A. Accredited Program**

2017–2018

Kaiser Chronic Pain Management Program, San Francisco, California

Duties: Provided individual and group psychotherapy for patients in a multidisciplinary Chronic Pain Management department within a health management organization, utilizing evidence-based treatments, psychodynamic clinical formulations, and chronic pain management skills. Coordinated care with a team of health psychologists, physicians, and physical therapists while managing a caseload of 30 patients. Cofacilitated family support sessions for patients in the intensive outpatient level of care. Conducted 4 assessment batteries for patients pursuing Spinal Cord Stimulator implantation, including interpretation, report writing, clinical recommendations, and feedback session. Assisted in the development of a training manual for the Tom Wadell Urban Health Center Integrated Pain Management Program to support the development of chronic pain treatment clinics within the San Francisco DPH Health Network as a community service project. Participated in weekly training seminars in clinical psychology and specialized training in biofeedback for chronic pain.

Supervisors: Margaret Clausen, Psy.D. (primary) and Karen Kenny, Ph.D. (full-time)

**Predoctoral Intern, A.P.A. Accredited Program** 2016–2017  
Wright Institute Integrated Health Psychology Training Program, Berkeley, California

Duties: Provided brief individual psychotherapy (4-8 sessions), facilitated ongoing group psychotherapy, and performed exam room consultations (functional assessments, screenings, treatment planning, brief interventions, and referral to services) in a health psychology department integrated in a primary care medical setting. Conducted interdisciplinary collaboration with medical and psychiatric providers. Trained in Chronic Pain Clinic rotation for 6 months. Utilized evidence-based treatments, and co-led treatment group for emotion regulation and mood management. Participated in training seminars on Integrated Behavioral Health Interventions, Psychopharmacology and Affective Neuroscience, Chronic Pain Treatment, Group Psychotherapy, and Supervision.

Supervisors: Lauren Gent, Psy.D. (primary) and Michael Changaris, Psy.D. (full-time)

**Advanced Psychotherapy Trainee, Supplemental Placement** 2014–2015  
Kaiser Chemical Dependency Recovery Program, Oakland, California

Duties: Continued as an advanced trainee in the individual and group treatment of patients with substance use disorders. Additional duties included peer mentorship of practicum students; developing and enhancing curriculum materials; engaging in staff didactics and team process groups; and participating as an active and constructive member of a diverse treatment team.

Supervisors: Jody Binkoff, Ph.D. (primary) and Monika Poxon, Psy.D. (half-time)

**Psychotherapy Trainee, Third Year Placement** 2013–2014  
Kaiser Chemical Dependency Recovery Program, Oakland, California

Duties: Provided individual psychotherapy, facilitated process groups, and delivered psychoeducation lectures to adult clients recovering from substance use disorders in an intensive outpatient program. Engaged in brief and long-term treatments utilizing interventions from CBT, DBT, ACT, and TLDP. Training included Gorski's developmental model of recovery, Marlatt's relapse prevention, Motivational Interviewing, treatment of dual-diagnosed clients, psychosocial stabilization, crisis intervention, and interdisciplinary collaboration with medical and psychiatric providers.

Supervisors: Monika Poxon, Psy.D. (primary) and Stacy Ellis, Psy.D. (half-time)

**Psychotherapy Trainee, Second Year Placement** 2011–2012  
Berkeley Cognitive and Behavioral Therapies Clinic, Berkeley, California

Duties: Provided individual and group psychotherapy in a sliding-scale clinic to adult clients with difficulty in emotional regulation, anxiety and mood disorders, relationship difficulties, and psychosocial stressors. Trained in empirically-supported treatments, including mindfulness-based behavioral therapies, Schema Therapy, and various forms of exposure (prolonged imaginal, in vivo, interoceptive, emotional). Developed a research project measuring the effectiveness of a transdiagnostic group treatment protocol for emotion regulation skills, which included interventions from CBT, DBT, and ACT. Presented statistical analysis using SPSS to the training group.

Supervisors: Avigail Lev, Psy.D., and Patricia Zurita Ona, Psy.D. (14 hours weekly)

**Psychotherapy Trainee, First Year Placement** 2010–2011

Salvation Army Adult Rehabilitation Center, Oakland, California

Duties: Provided individual therapy, facilitated group therapy, and presented psychoeducation in substance abuse and dependence for adult men in a 6-month residential treatment program. High proportion of dual diagnosed and court-mandated clients. Training included motivational interviewing, CBT for substance abuse, Seeking Safety, Matrix Model, biopsychosocial understanding of addiction, psychodynamic readings, and mindfulness interventions.

Supervisors: Lina Hannigan, Ph.D., and Jude McAnesby, Psy.D. (12 hours weekly)

**Crisis Line Counselor**

2009–2010

Crisis Support Services of Alameda County, Oakland, California

Duties: Provided phone counseling and emotional support to callers in crisis and the chronically mentally ill. Trained in suicide risk assessment.

Supervisor: Valentina Mornard, M.F.T. (4 hours weekly)

**RESEARCH EXPERIENCE**

**Dissertation**

2012–2017

The Wright Institute, Berkeley, California

Title: The Functions of Fiction in the Process of Psychotherapy

Duties: Designing and implementing a qualitative study utilizing Interpretive Phenomenological Analysis (IPA) to investigate the clinical functions of engagement with imaginative literature. Theoretical underpinnings based in contemporary psychoanalytic psychology. Dissertation filed September, 2017.

Committee: Deborah Melman, Ph.D. (chair) and Monika Poxon, Psy.D. (second reader)

**Research Assistant and Lab Manager**

2007–2010

Helen Wills Neuroscience Institute

University of California, Berkeley

Duties: Recruitment and longitudinal neuropsychological testing for a cohort of healthy aging adults who served as a control group for PET and MRI studies of Alzheimer's and other dementia patients. Conducted over 250 3-hour batteries, scored tests, entered data, designed relational database in Filemaker Pro, maintained equipment and office supplies, managed administrative projects.

Supervisor: William Jagust, M.D. (40 hours weekly)

**Project Coordinator**

2005–2007

The Children's Motivation Project

Department of Psychology, Reed College

Duties: Assisted in classroom recruitment and assessment of 1,100 3rd–8th grade students, co-managed a team of eight research assistants, entered and analyzed data, compiled literature reviews, assisted in writing and editing manuscripts.

Supervisor: Jennifer Corpus, Ph.D. (3 hours weekly during academic year, 40 hours weekly over summers)

## Senior Thesis

2006–2007

Department of Psychology, Reed College

Title: Profiles of intrinsic and extrinsic motivations: A holistic study of motivation and its correlates

Duties: Proposed and conducted independent analyses of motivational data using a clustering algorithm, data entry and analysis with SPSS, literature review, write-up, oral defense. Published in *Motivation and Emotion* in 2010.

Advisor: Jennifer Corpus, Ph.D. (10 hours weekly)

## PUBLICATIONS

### *Peer-Reviewed Journal Articles*

Perrotin, A., Mormino, E. C., Madison, C. M., **Hayenga, A. O.**, Jagust, W. J. (2012). Subjective cognition and amyloid deposition imaging: A pittsburgh compound B positron emission tomography study in normal elderly individuals. *Archives of Neurology*, 69(2), 223–229.

Mormino, E. C., Smiljic, A., **Hayenga, A. O.**, Onami, S., Greicius, M.D., Rabinovici, G.D., Janabi, M., Baker, S.L., Yen, I., Madison, C.M., Miller, B.L., & Jagust, W.J. (2011). Relationships between beta-amyloid and functional connectivity in different components of the default mode network in aging. *Cerebral Cortex*, 21(10), 2399–2407.

Oh, H., Mormino, E. C., Madison, C., **Hayenga, A. O.**, Smiljic, A., & Jagust, W. J. (2011)  $\beta$ -amyloid affects frontal and posterior brain networks in normal aging. *NeuroImage*, 54(3), 1887–1895.

**Hayenga, A. O.**, & Corpus, J. H. (2010). Profiles of intrinsic and extrinsic motivations: A holistic study of motivation and achievement. *Motivation and Emotion*, 34(4), 371–383.

Corpus, J. H., McClintic-Gilbert, M. S., & **Hayenga, A. O.** (2009). Within-year changes in children's intrinsic and extrinsic motivational orientations. Contextual predictors and academic outcomes. *Contemporary Educational Psychology*, 34, 154–166.

### *Conference Presentations*

Dang, L. C., Braskie, M. N., **Hayenga, A.**, Baker, S. L., O'Neil, J. P., & Jagust, W. J. (2010, November). COMT and Taq1A interact to modulate dopamine synthesis and cognition. Paper presented at the Society for Neuroscience Conference, San Diego, CA.

Mormino, E. C., Smiljic, A., **Hayenga, A. O.**, Madison, C. M., Baker, S. L., & Jagust, W. J. (2010, November). Reduced deactivation during episodic memory encoding is related to resting state functional connectivity in aging. Poster presented at the Society for Neuroscience Conference, San Diego, CA.

Mormino, E. C., **Hayenga, A. O.**, Yen, I. V., Rabinovici, G. D., Baker, S. L., & Jagust, W. J. (2010, July). Not quite PIB-positive, not quite PIB-negative: low levels of beta-amyloid deposition in elderly normal control subjects may precede AD-like changes. Poster presented at the Human Amyloid Imaging Conference, Toronto, Canada.

Perrotin, A., Mormino, B. C., Madison, C. M., **Hayenga, A. O.**, & Jagust, W. J. (2009, August). Metacognitive monitoring abilities and amyloid deposition imaging in normal elderly individuals. Poster presented at the Bay Area Memory Meeting, San Francisco, CA.

Mormino, E. C., Smiljic, A., Baker, S. L., **Hayenga, A. O.**, Madison, C. M., Jagust, W. J. (2009, July). Beta-amyloid deposition is related to default mode network connectivity in normal controls. Paper presented at the International Conference on Alzheimer's Disease, Vienna, Austria.

Perrotin, A., Mormino, B. C., Madison, C. M., **Hayenga, A. O.**, & Jagust, W. J. (2009, July). Metacognitive monitoring abilities and amyloid deposition imaging in normal elderly individuals. Poster presented at the International Conference on Alzheimer's Disease, Vienna, Austria.

Corpus, J. H., & **Hayenga, A. O.** (2009, April). Dangerous mindsets: Beliefs about intelligence predict motivational change. Poster presented at the biennial meeting of the Society for Research in Child Development, Denver, CO.

**Hayenga, A. O.**, & Corpus, J. H. (2009, April). Profiles of intrinsic and extrinsic motivations: A person-centered approach to motivation and achievement in middle school. Poster presented at the biennial meeting of the Society for Research in Child Development, Denver, CO.

Mormino, E. C., **Hayenga, A. O.**, Rabinovici, G. D., Onami, S., Smiljic, A., Baker, S. L., Madison, C. M., Miller, B. L., Jagust, W. J. (2009, April). Elevated beta-amyloid deposition is related to reduced posterior cingulate glucose metabolism in normal elderly subjects. Poster presented at the Human Amyloid Imaging Conference, Seattle, WA.

Perrotin, A., **Hayenga, A. O.**, & Jagust, W. J. (2009, March). General versus task-specific assessment of one's cognitive abilities: A multidimensional approach to metacognitive monitoring. Poster presented at the Annual meeting of the Cognitive Neuroscience Society, San Francisco, CA.

Mormino, E. C., Yen, I. V., **Hayenga, A. O.**, Kluth, J. T., Madison, C. M., Baker, S. L., Jagust, W. J. & the ADNI Investigators. (2008, November). Memory loss in normal aging is related to hippocampal-mediated beta-amyloid deposition. Poster presented at the Society for Neuroscience, Washington, DC.

Mormino, E. C., **Hayenga, A. O.**, Madison, C. M., Kluth, J. T., Furst, A. J., Rabinovici, G. D., Jagust, W. J. (2008, July). Metabolic evidence of compensation for amyloid pathology in nondemented elderly individuals. International Conference on Alzheimer's Disease, Chicago, IL.

Mormino, E. C., Kluth, J. T., Madison, C. M., Baker, S. L., **Hayenga, A. O.**, Rabinovici, G. D., Furst, A. J., Miller, B. L., Jagust, W. J. (2008, April). Amyloid pathology, hippocampal atrophy, and episodic memory in normal older people. American Academy of Neurology, Chicago, IL.

Corpus, J. H., **Hayenga, A. O.**, & McClintic-Gilbert, M. S. (2007, April). Contextual predictors of within-grade changes in children's intrinsic and extrinsic motivational orientations. Poster presented at the biennial meeting of the Society for Research in Child Development, Boston, MA.

Corpus, J. H., McClintic-Gilbert, M. S., & **Hayenga, A. O.** (2007, April). A longitudinal analysis of children's achievement goals: Between- versus within-year shifts. Poster presented at the

biennial meeting of the Society for Research in Child Development, Boston, MA.

Corpus, J. H., McClintic-Gilbert, M. S., & **Hayenga, A. O.** (2006, April). Understanding intrinsic and extrinsic motivation: Age differences and links to children's beliefs and goals. Poster presented at the annual meeting of the American Educational Research Association, San Francisco, CA.

### **PROFESSIONAL DEVELOPMENT**

Contemporary Psychodynamic Institute Post-Graduate Certification in Relational Psychodynamic Therapy, September 2022 to May 2024 (180 hours pending completion)

Psychoanalytic Institute of Northern California Early Career Case Conference, East Bay, Fall 2020 to Spring 2021 (36 hours)

Gorski Center for Applied Sciences (CENAPS) Relapse Prevention Counseling Training, February 2015 (24 hours)

Kaiser Chemical Dependency Regional Training Conference featuring Gabor Maté: Combining Science and Compassion, April 2014 (8 hours)

### **PROFESSIONAL MEMBERSHIPS**

Member of the Northern California Society for Psychoanalytic Psychology

Member of Division 39 (Psychoanalysis) of the American Psychological Association

### **REFERENCES**

Andrea Zorbas, Psy.D.  
Founder and CEO  
Therapy Now SF  
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582 Market Street, San Francisco, CA  
510-915-5626  
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